

Transformation and Self-Discovery

in Sarasota

A Powerful 2-Day Workshop

This 2-day workshop is experiential and intensive.

The techniques take you behind the scenes of consciousness for a look at the blueprints by which you build your life experiences. You get special insights into recurring themes in your life that so far that have been protected from changing them. You will embark on an expedition into consciousness that you personalize according to your own needs. The insights you gain will propel you to self-empowerment and the realization of a new "You" . Both days will be intense, revealing, fun, and experiential.

Day 1: (9:30 am – 5:00 pm)

On day 1, you will assess and gain clarity on where you are in life, inquire into possible areas you may be stuck, and identify patterns of resistance.

There will be practical exercises to help you let go of what's holding you back, introduce you to the process of appreciation and forgiveness, and shine a light on the pattern you didn't know was running your life.

Day 2: (9:30 am – 5:00 pm)

On day 2 you will gain clarity on who you truly are, what your purpose is, and what matters to you most. You will understand the fears that are preventing you from actively pursuing a life you dream of. You will have the opportunity to develop a powerful vision for your life, and set goals to support you to be your best self.

Call 941-870-4133 to reserve or
Email: Zahid@ehinstitute.com
September 8th + 9th, 2018

Workshop Fees: \$340

Early Bird Registration: \$300

- if paid in full 2 weeks prior

Makes a great Gift



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